

## INSTRUCTIONS

- The adolescent girls program is about supporting you to develop your own goals so that you can make the decisions and take the actions that will help you to improve your life.
- This survey is developed to help the program understand your perspective, including the current situation of your life, what skills and knowledge you have, which ones you still want to develop, what you think the program is doing well, and what improvements need to be made to make sure that it helps you.
- If the program is going to be more effective at helping you and other girls, the staff need to understand how you are experiencing it. Both what is going well and what is not going well. Without hearing from you, the program cannot be effective.
- The survey is not a test. There is no right or wrong answer, there is only the answer that is showing how you are experiencing the program. What is important is to share your opinion and perspective.
- The survey does not ask you to give your name. This will respect your privacy and ability to be very honest about what you think without anybody making you feel bad about it. Remember, your honest opinion will help the program to serve you better.
- It is important for your answers to show what you think, not what the staff, the volunteers or another girl thinks. Before answering, think about many days in your life and use that as a way to answer.
- For each question you will give a statement. If the statement is very true for you, then you would give the rating 5. You would choose this rating if the statement shows what your life is like. If the statement is showing the opposite of what is true for you, then you would choose 1. This means it is very weak and is not even a little bit true for your life. Sometimes you will find that you don't agree and you don't disagree with the statement. This means, the statement is partially reflecting your life, but maybe the progress toward that reality is not yet 100% true.
- You can also write notes on the side to give an example or to explain why you have selected a particular number.
- After you have filled out the survey, talk to your friends about how you feel, what the survey made you think about. Also feel free to give suggestions on what things the survey did not ask that you would want to share.
- If you need help filling out the survey, ask for help. If possible, see if one of the girls that you know and trust can help you. Also a volunteer can help you with the process. If someone is helping you, they should still record your opinion and perspective.

### Ratings:

- 1** = This is not true for me at all.
- 2** = This is mostly not true for me. It only reflects my situation on very few occasions.
- 3** = My life is developing in this way. So it is sometimes true, but not all the time.
- 4** = This is mostly true. It describes how my life is most of the time.
- 5** = This is very true for me. It accurately describes me, my life, or my situation all of the time.

# ADOLESCENT GIRLS SURVEY

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## DEMOGRAPHIC INFORMATION

### 1. Age

How old are you? \_\_\_\_\_

### 2. Status

YES NO

Are you married?

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**If Yes:** Age when you got married: \_\_\_\_\_

Are you a mother?

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**If Yes:** Age when you became a mother: \_\_\_\_\_

Do you work to earn food or money?

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**If Yes:** What type of work? \_\_\_\_\_

Are you currently in school?

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Highest grade you have attended: \_\_\_\_\_

**If No:** What was the reason for stopping school? \_\_\_\_\_  
\_\_\_\_\_

### 3. Household

How many people live in your household? \_\_\_\_\_

Do you live with your mother? \_\_\_\_\_

Do you live with your father? \_\_\_\_\_

Who is the primary person earning an income for the family? \_\_\_\_\_

What is their source of income? \_\_\_\_\_

How many other adults are in the household? \_\_\_\_\_

How many children are in the household? \_\_\_\_\_

## ADOLESCENT GIRLS SURVEY

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**Complete the following sentences:**

**4. Goals**

In my life, I will feel I have been successful if I am able to...

**5. Support**

The thing that I most need to help me achieve my goals is...

**6. Challenges**

The biggest challenge that faces girls in my community is...

**7. Change**

3 things that need to change in my community for girls to have a better life are...

# ADOLESCENT GIRLS SURVEY

**RATING SCALE:** 1 = *Not true at all* 2 = *Mostly not true* 3 = *Sometimes true* 4 = *Mostly true* 5 = *Completely true*

	STATEMENT	RATING	NOTES OR COMMENTS
1.	I know how to set goals and to plan how to achieve them.		
2.	I feel confident that I can achieve my goals.		
3.	I know how to make good decisions about my life.		
4.	I have a good level of education.		
5.	I know my body and have what I need to do to stay clean when I am menstruating.		
6.	I know how to prevent pregnancy. I can easily access contraceptives.		
7.	I feel confident that I can ask my partner to use a condom. I can refuse to have sex with him if he refuses to use a condom.		
8.	I feel confident that I can say no if I do not want to have sex.		
9.	I know how to save and use my money well.		

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	STATEMENT	RATING	NOTES OR COMMENTS
10.	I am able to take action to solve problems.		
11.	I can resolve differences of opinion between me and my friends.		
12.	I have someone to turn to if I have a problem.		
13.	I meet regularly with other girls to learn, talk, share and have fun.		
14.	I can speak up for myself if somebody is not treating me well or is speaking to me unkindly.		
15.	I have a safe, clean place to live.		
16.	I eat at least two cooked meals a day.		
17.	I have clean clothes.		

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	STATEMENT	RATING	NOTES OR COMMENTS
18.	I feel satisfied about the things I have, such as housing, clothing, enough food.		
19.	My family treats me with kindness and respect.		
20.	I have experienced violence from someone I know.		
21.	I feel safe when I am walking in the community.		
22.	When I go to bank, clinic, market, people treat me with kindness and respect.		
23.	I have confidence to speak in front of adults about the challenges facing girls.		
24.	I am seen as a leader.		
25.	I have skills to earn an income.		

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	STATEMENT	RATING	NOTES OR COMMENTS
26.	I make my own decisions about how to use my money.		
27.	I own the equipment or tools I need to earn an income (e.g. sewing machine).		
28.	I own a cow, goat, or pig.		
29.	I have a bank account where I save my money.		
30.	Since I joined this program I have fewer struggles in my life.		
31.	Our program builds girls' self-awareness and identity.		
32.	Our program builds girls' self-confidence and a and belief that they can work hard and achieve their goals.		
33.	Our program helps girls to feel positive about their future.		

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	STATEMENT	RATING	NOTES OR COMMENTS
34.	Our program builds girls' life skills (decision making, relationship skills, coping & self-management).		
35.	Our program helps girls enroll, remain, and succeed in school.		
36.	Our program helps girls learn productive skills, such as sewing, or hairdressing, or auto mechanics.		
37.	Our program helps girls develop business management skills.		
38.	Our program helps girls learn about managing, planning, talking about, and making sound decisions about money.		
39.	Our program helps girls learn about their bodies, sexuality, and reproductive health.		
40.	Our program teaches girls how to take care of their general health.		
41.	Our program helps girls develop good ways to earn money.		
42.	Our program helps girls save money.		

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	STATEMENT	RATING	NOTES OR COMMENTS
43.	Our program helps girls increase their ownership of valuable property (assets), such as animals (pig, goat, cow) or have savings, or own land.		
44.	Our program helps girls access the tools we need to earn income (sewing machine, hairdressing equipment, etc.)		
45.	Our program helps girls to earn an income so they can have decent clothing.		
45.	Our program helps girls find safe housing.		
47.	Our program helps girls to gain skills and input so that they can have regular meals.		
48.	Our program provides girls with access to legal services to protect their right to own property and other valuable items (assets)		
49.	Our program gives girls access to safe spaces where we can meet with other girls to talk, learn, have fun, and support each other.		
50.	Our program helps girls access institutions in the community (banks, clinics, etc.).		
51.	Our program helps girls to get strong support from our families.		

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	STATEMENT	RATING	NOTES OR COMMENTS
52.	Our program helps girls to get respect and safety in our community.		
53.	The program puts needs of girls like me at the center of all its work.		
54.	The staff treat girls with respect and dignity.		
55.	As girls, we are given the chance to have input in the focus of the programs.		
56.	The program staff have taken time to know me and to support me in ways that help me to overcome the challenges of my life.		
57.	I feel safe when I am with the staff from the organization.		
58.	The way that the program teaches us new things makes it easy to understand.		
59.	The things that I am learning in the program are relevant to my daily life.		

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	STATEMENT	RATING	NOTES OR COMMENTS
60.	The program provides us with space to talk about difficult challenges in our lives.		
61.	The program also gives space for us to have fun as girls.		
62.	The program gives us a chance to try or learn new things.		
63.	We have learned how to work together and support each other.		
64.	The program has helped people in the community to respect girls and what they can do.		
65.	If someone in the program is struggling they can get additional help to overcome their challenges.		
66.	Most of the girls in the program feel positive about how it has affected their lives.		